

# IT'S A WRAP NEWSLETTER

## Volume 3 Issue 1

### March 2018

**IT'S A WRAP!** This is the official newsletter of Westie Rescue and Placement (WRAP) of Northern California.

## MESSAGE FROM THE WRAP PRESIDENT

Welcome to the March 2018 edition of our WRAP newsletter.

In January the WRAP Board of Directors voted to expand the number of directors to six due to the increasing duties and responsibilities. Ramona Rule and Christyne Johns-Mills were nominated for these new positions and I am pleased to announce that they both have agreed to accept.

Both Ramona and Christyne have been instrumental to WRAP's success since its founding and we believe that their addition to the Board of Directors will have a significant and immediate impact. Welcome Ramona and Christyne!

It's already Spring and Mother's Day is just around the corner. This Mother's Day marks our first fundraising activity of the year; the Mother's Day Facebook Sale on April 28th and 29th. What better way to shop for your unique Westie gifts while at the same time helping to support Westies rescue. Remember all proceeds go directly to WRAP for Westies in need.

Please keep in mind that we are an all-volunteer organization and the success of our Westie rescue efforts depends on the generous support of Westie lovers like you. We need volunteers to provide temporary foster homes, help with events and help with fundraising. We also need volunteers with professional skills such as a CPA, an attorney and a veterinarian to provide limited consultation services to WRAP. If you would like to help by volunteering your time, we would very much like to hear from you.

With a sincere thank you to all our volunteers and donors,

Best Regards,

David Snook, WRAP President

## Introducing our New Board Members:

### Christyne John-Mills

Christyne writes "After my huge lab mix passed, I researched breeds of dogs that were smaller, but hardy and didn't shed. That's when I saw the Westie and fell in love with the breed. I adopted my first Westie, Stewy, from a newspaper advertisement to rehome him. I was his 5<sup>th</sup> owner by the time he was 9 months old but I was his last owner. It is because of Stewy that I got into rescue. I lived in Jackson CA at the time and signed up to be a foster. A couple years went by and I bought a puppy,



Sadie, before I knew better. I was working for Department of Corrections and promoted to Sacramento. After commuting for way to long, I decided to move closer to work. Once I moved to the Sacramento area, I received a call July 1, 2006 from the Southern CA rescue to foster a dog because they couldn't get ahold of their primary volunteer for the area. I agreed. The Primary Volunteer came over, dropped off a box of supplies at my house and she sent in her resignation. I became the Sacramento Area Primary Volunteer within no time. I've had six dogs in my house at one time, four being needy fosters. My counter has looked like a pill pusher lives here and my kitchen calendar is marked with everyone's medication schedule. In January 2013, I turned in my resignation to the Southern CA rescue. I rescued on my own for friends, volunteered for the SFBWHWT Club, and for Orange County. I've slowly become more involved with WRAP and was delighted to be asked to be on the Board to better represent the Sacramento area. I'm excited to offer my experience in rescue to WRAP and I look forward to being a part of WRAP's future. So, with that ... Let's save some Westies together!

### **Ramona Moenning Rule**

My husband Peter always asks me, "Have you ever met a Westie that you didn't love?" The answer is always NO! He surprised me with our first Westie in 1994- Darby, she was 8 weeks old and perfect and it has been all Westies since that day! We have had many Westies – how can you not love the Westitude?? I became a member of the SFBWHWTC many years ago, and served on the BOD as Treasurer for two years. I am now thrilled to serve on the Board of WRAP. I try to support Westie Rescue all over the U.S. by participating in their auctions. For the WRAP auctions, I try to find unique items for the auction, and also help by listing and shipping items, and working the auction.

One of my goals as a new board member for WRAP is to have greater participation by our members, adopters, and friends in our auctions! This could be by purchasing items, donating items, or spending a few hours to help with shipping after the auction is closed.

Currently Peter and I have two Westies. Lulu and Lola are both rescues and they are both 9 years old. They make everyday fun! I work part time as an Ob/Gyn Nurse Practitioner in a private practice in San Francisco. I love to play tennis, cook, and travel.



**Corporate Donation Programs** Many corporations have programs that allow employees to donate to charities and will, in many cases, do matching funds. WRAP (Westie Rescue and Placement of Northern California) is eligible for many of these programs. We are currently registered with Cisco, Hewlett Packard Enterprises and Wells Fargo Bank. This is a painless way to donate and maximize your donation.



## Rescue News



**Angus**

Hello my name is Angus. When I came to WRAP I was a pretty sick 12-year-old boy and, to make things worse, I was pretty much blind and deaf. WRAP and my foster mom have gotten me in shape physically and now my foster mom has decided to adopt me. My adoption is pending. I love you mom and my canine siblings!



**Shelly and Raleigh**

Hi we are Shelly and Raleigh. We are 7- and 9-years-old. Our mommy was moving across the country to get married. Her new husband was allergic to us so we needed a new home. Westie rescue found us a great place in the country where we can be together. Our mom and dad are great and we get to go for lots of walks.



**Hamish**

Hi I am Hamish. I am 10 years old. My family lost their home and my daddy got very sick. I traveled a long way to get to Westie rescue so I could find a new furever home. A lot of people helped me along the way. I now have a wonderful home with a mom who takes me out for several walks every day. My liver bloodwork is high so I am getting treatment and also need dental work. My adoption is pending completion of my dental work.





**Jackie and Mattie**

Hi we are Jackie and Mattie we are 9 and 11 years old. Our mommy died. She had been sick for a while. The family put us in a kennel where we stayed until Westie rescue said they would take us. We were very anxious and sick when they got us. But, after a few weeks in our new home with our new family and dogtors visits we feel much better now and are very happy. We have been adopted.



**Snickers**

Hi, my name is Snickers. I'm just a baby; just nine months old, but I got lost from my family and I ended up in doggie jail. Finally Westie rescue came and got me out. I got started coughing at my foster home. Because I'd been at the shelter, the dogtor said it was kennel cough. So, I had to wait 2 whole weeks to go to my forever home, but I'm so glad I'm here now and I have a sister and we play all the time. I love my mom and dad too.



**Avery Jo**

Hi, I am Avery Jo. I came to rescue after my daddy died and the family couldn't keep me. I had a terrible skin problem and had lost the fur on the back-third of my body plus some other places. Now I am beautiful after a few months in a foster home. My new mom, dad and canine sister are wonderful. We are having such a good time.



**Henry**

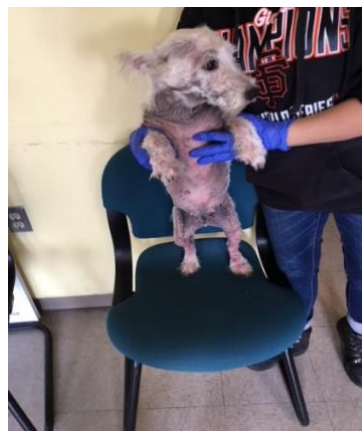
I am Henry. My first mom got me as a baby then she had human babies and I didn't like them much. She decided to it would be better for me to be in a home with no young children. I am now in a new forever home where I can sleep on the bed and couch. I also have a nice yard and I get to go for walks.

**Walt & Flora**

Hi, we are Walt (14) and Flora (8) we came to rescue because our Mom and Dad got a divorce and neither could take care of us. We now have a happy home and a new 12 year old doggy brother, Duncan. We make a happy threesome and like our yard and walks. Our adoption is pending completion of some dental work for Walt.

## Just ARRIVED .....DEMI

Demi is a sweet, friendly Westie girls from a local shelter. Demi was stray and when per people were found they signed her over saying they could not care for her. They said that she had been abandon by friends with them many months before. As you can see she had to be shaved by shelter staff due to serious skin problems (hair loss) and mats. Demi has a foster home where she will spend months being rehabilitated before she is placed for adoption.





## DONATIONS for DEMI

A tax deductible donations can be made for Demi and other dogs in need on PayPal at: [susan.acevedo@westierescuenorcal.org](mailto:susan.acevedo@westierescuenorcal.org) Please choose friends and family or you can also send a check to: Susan Acevedo 32 Oak Knoll Dr. Walnut Creek, CA 94596. Please make the check out to **WRAP or Westie Rescue and Placement of Northern California. Thank you for your support.**

## HELP WANTED STILL NEEDED

WRAP is looking for some volunteers who possess certain skills to advise the board (pro bono) on issues that may arise over time. We are asking for a limited number of hours, as needed. We are seeking an **Attorney**, a **CPA**, a **Veterinarian** and an **Animal Behaviorist**. If you would be willing to help us or want more information please contact:

Barbara Mordy at [BarbaraMordy@westierescuenorcal.org](mailto:BarbaraMordy@westierescuenorcal.org) or  
Susan Acevedo at [Susanacevedo@westierescuenorcal.org](mailto:Susanacevedo@westierescuenorcal.org)

## Auction Donations Needed

WRAP's annual fundraising auction is coming up on September 28-30<sup>th</sup>. This is our largest fundraising event of the years. It raises funds we need to pay the bills for all our rescues. Various items (many are Westie related) are auctioned off on Facebook on the WRAP Auction page. Bidders come from across the US and the world. If anyone has items they would like to donate please contact Barbara Mordy at [bgmordy@comcast.net](mailto:bgmordy@comcast.net).

## Westie Events & Fundraisers

### 2018 Westie Mother's Day Pop Up Store Sale on Facebook

What will you get for that special Westie Mother this year for Mother's Day? No need to make a trip to the mall...instead come join us on **April 28 thru April 29** for the **2018 Westie Mother's Day Pop Up Store Sale on Facebook**. You will find a variety of lovely BUY IT NOW items (e.g., soaps, lotions, t-shirts, totes, etc.) that you can order, pay and have shipped all before Mother's Day (May 13). Request to join the **WRAP Auction** group on Facebook today!



## **2018 Westie Fiesta Fun(draiser)**

Get ready to celebrate our Rescues on **Saturday, May 5<sup>th</sup>** ... for a **Cinco de Mayo Westie Fiesta** in Sacramento, CA. There will be a parade of rescues, photos, pop up store, playtime (including a doggie piñata), and a potluck lunch.

All Westies, their canine friends and human families are invited to join us at the **Capital Mobile Estates Park (6701 63<sup>rd</sup> St., Sacramento, CA 95828)** starting at **9am**.

All Westies & Canine Friends that have been rescued over the years are encouraged to participate in the Parade of Rescues. To participate all you need to do is prepare a very brief bio for each canine participant by answering the following:

1. Pet Name:
2. Parent Name(s):
3. Forever Home Town:
4. Forever Home Date:
5. Favorite Food:
6. Favorite Treat:
7. Favorite Toy:
8. Favorite Activity:
9. Least Favorite Activity:
10. Most Unique Quality:

Submit your canine bio(s) to Barbara Mordy ([bgmordy@comcast.net](mailto:bgmordy@comcast.net)) by **May 1<sup>st</sup>**. All participants will be eligible for a very cool goody bag.



**SAVE THE DATE**



Happy Cinco de Mayo!

Saturday, May 5, 2018

2018 Westie Fiesta  
Fun(draiser)

Capital Mobile Estates Park  
6701 63<sup>rd</sup> St.  
Sacramento, CA 95828

Starting at 9am

Admission: Adults \$10/ Dogs \$0

Parade of Rescues

Pop Up Pet Store

Playtime

Photos

Potluck Lunch



Remember to bring sunscreen, lawn chairs, doggie playpens, and your favorite side dish. Admission will be \$10 per adult and \$0 per dog. All funds raised will go toward finding forever homes for all Westies!

For more information, questions, or if you would like to volunteer to make this a success, please contact Susan Acevedo at [susan.acevedo@westierescuenorcal.org](mailto:susan.acevedo@westierescuenorcal.org).





## WESTIE IN THE KITCHEN (send in your favorite recipe)



### Quick & Easy Peanut Butter Treats

Does your dog love peanut butter as much as mine does? If so you can't go wrong with this easy dog treat recipe — it's a staple in my house.

You'll need:

2 cups of flour,

1/2 cup peanut butter

2 eggs.

Mix the ingredients together until combined, and then add water until it becomes wet enough to roll out as dough. Cut in shapes. Cook 20 Minutes. Cook at 350 degrees. Enjoy Westies!

## IN MEMORIAM

Let us take a moment to honor our wonderful four-footed friends who have recently crossed the Rainbow Bridge.



Sarah



My sweet little Sarah came to me at the age of 14+ on May 18, 2017. She was a most beautiful Westie girl.

She loved walks, her backyard, playing with toys and especially treats.

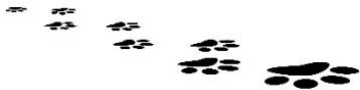
I was never alone with Sarah, she was always by my side. I was very lucky to have her for almost a full year. We enjoyed many trips to Pismo Beach, San Francisco and Sacramento.

Upon her passing my hope is that she'll meet her original Mom at the rainbow bridge and they'll be together forever. Forever in our hearts..... Mom Linda S.





For future issues, we ask that you send your memorials to us at: [bgmordy@comcast.net](mailto:bgmordy@comcast.net). Please send a photo, birth (an estimate is fine if you don't have the exact date) and passing date along with a short note to include in the memorial.



## Do you shop on Amazon?

If so, then you can support WRAP by now using Amazon Smile. Amazon Smile is a simple and automatic way for you to support your favorite charitable organization every time you shop, at no cost to you. When you shop you will find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion (0.5%) of the purchase price to WRAP. Simply go to [www.smile.amazon.com](http://www.smile.amazon.com), and enter "Westie Rescue and Placement of Northern California" as your preferred charity. Thank You. Start shopping!

## Looking for a few good men and women...

- Do you have fundraising and/or event planning experience?
- Do you have the ability to build strong relationships with new people and organizations?
- Are you detail-oriented with excellent time management skills?
- Do you have strong interpersonal skills?
- Do you work well independently and as part of a team?
- Do you have experience with Microsoft Word?
- Do you have some knowledge of Microsoft Excel?

If you replied "yes" to one or more of the above questions, then you could be who we are looking for to join the WRAP Fundraising Committee. We are always in need of more volunteers to help:

- Assist with the planning and management of fundraising events
- Assist with general fundraising activities (e.g., set up, registration, auctions, merchandise sales, beverage/ food, parades, contests, etc.
- Coordinate and follow up on donor requests, and mailings, as needed
- Assist with prospecting and soliciting donors
- Identify and approach potential business partners
- Help increase communications with supporters

Please contact Linda Snook ([l\\_snook@att.net](mailto:l_snook@att.net)) or Susan Acevedo ([susan.Acevedo@westieresucenorcal.org](mailto:susan.Acevedo@westieresucenorcal.org)) if you would like to donate your time and talents as a volunteer to support fundraising for Westie rescue.

## WESTIE HEALTH CORNER

### What is Gum Disease?

Bacterial colonization results in erosion of the gums, teeth and bone, causing chronic pain and tooth and bone loss. Gum disease increases the risk of heart, kidney and liver disease in dogs and is preventable if dental hygiene measures are taken throughout life.



Symptoms are often noted in older dogs with advanced periodontal disease, though over 80 percent of dogs have early stages of gum disease by age three.

Periodontal disease (or gum disease) is the weakening and eventual loss of the supporting structures of the teeth. Gum disease can cause significant harm to a dog's mouth, including eroded gums, bad breath, missing teeth, bone loss, and chronic pain.

## Symptoms of Gum Disease in Dogs

There are often no obvious signs in the early stages of gum disease. By the time symptoms are noticed, the pet may be in advanced stages. Symptoms of advanced periodontal disease include:

- Bleeding or red gums
- Pawing at the mouth
- Loss of appetite
- Difficulty eating
- Drooling
- Irritability or anti-social behavior
- Loose or missing teeth
- Blood in water bowl or on chew toys
- Bad breath

## Types

There are various stages in the development of gum disease. The stages are based on observations of the teeth and gums.

1. **Stage I:** Mild redness and inflammation of the gums (gingivitis) is seen near the teeth.
2. **Stage II:** Probing indicates periodontal pockets have formed between the gum and tooth. Pockets over 3mm in depth indicate abnormal gingiva.
3. **Stage III:** Periodontal pockets are measured at deeper than 5mm and bone loss is observed.
4. **Stage IV:** Greater than 40-50 percent bone loss, extensive tartar buildup and gum recession.

## Causes of Gum Disease in Dogs

Gum disease begins with bacteria, food and saliva combining to form plaque. The plaque coats the teeth and, within 2-3 days, combines with minerals and hardens into tartar. Our body's immune system attempts to fight the bacteria in plaque and in turn causes the gums to become red and inflamed. Tartar continues to build and begins to pry the gums away from the teeth. This creates pockets of open space between the teeth and gums where bacteria can multiply. Abscesses can form and tissue is destroyed. Teeth become loose and bone deteriorates.

Some factors that contribute to the development of gum disease include:

- Age
- General health
- Diet



- Chewing behaviors
- Genetics
- Tooth alignment
- Grooming habits
- Dental hygiene

## Diagnosis of Gum Disease in Dogs

If you suspect your pet may have symptoms of gum disease, or in order to prevent gum disease, bring your pet to the veterinarian for an oral examination. Your vet will want to know your pet's eating habits, chewing habits, and the onset of any symptoms of gum disease.

A brief physical exam can detect inflamed gums and tartar buildup, however a full oral examination can only be conducted under general anesthesia. If the veterinarian suspects gum disease, she will recommend a dental prophy, a procedure that will further examine the teeth and gums and provide a full cleaning under anesthesia. So the pet doesn't have to undergo anesthesia more than once, it is recommended to initiate treatment or perform any extractions at the same time the cleaning is done.

### Dental Examination

During a dental prophy under anesthesia, the pet's teeth and gums will be scaled, cleaned and polished. A calibrated periodontal probe will be inserted between the gumline and each tooth to measure the presence and depth of pockets. If more than 3mm of distance is noted, some form of periodontal abnormality is present.

### Dental X-Ray

Up to 60 percent of periodontal disease takes place below the gumline. Dental x-ray is an invaluable tool in visualizing bone loss and deterioration.

## Treatment of Gum Disease in Dogs

If the veterinarian suspects gum disease is present in your pet, she will likely schedule an appointment for a dental prophy and any surgery or extractions. Since these procedures are conducted under general anesthetic, pre-anesthetic bloodwork will be recommended. Depending on the stage of disease, antibiotics may be administered prior to a dental procedure to prevent the spread of bacteria as a result of dental work. A complete oral exam and probing is only possible under anesthesia. Once the oral examination is done, including x-rays, then a treatment plan is created. Only then will the veterinarian know if any teeth need extraction or other treatments are needed. The oral examination and then the required treatments will all be done under the same anesthesia.

For stage I or II periodontal disease, a complete dental cleaning above and below the gumline will remove plaque. Tartar will be removed with an ultrasonic scaler. Polishing will fill in crevices on the surface of the teeth to prevent bacterial attachment and plaque buildup.



For stage III or IV periodontal disease, after cleaning and scaling, probing and dental x-ray will allow the veterinarian to determine the degree of damage and treatment protocol. Several treatment options are available:

- **Planing and subgingival curettage** – These techniques remove tartar, diseased tooth and diseased tissue and smooth the root surface.
- **Gingivectomy** – Refers to removal of excess or diseased gingiva (gums).
- **Periodontal surgery** – A procedure that opens the gum to expose the tooth root for deeper cleaning and treatment. Slow-release antibiotics, sealants and bone growth stimulants can be added to promote attachment and healing.
- **Extraction** – In cases of loose, cracked or dying teeth, extraction can be the best option.

Periodontal disease does irreversible damage. However, the treatment of current conditions combined with future preventative care (proper diet, teeth brushing, chew toys, dental treats) can keep disease from progressing further and keep your pet in good health.

### Recovery of Gum Disease in Dogs

Depending on the treatment, follow-up appointments may be required to assess healing. If surgery or extractions are involved, pain medications and antibiotics will need to be administered for several weeks. You may need to feed your pet a soft diet or his normal kibble soaked in warm water and eliminate hard chew toys for 3-4 weeks to allow the teeth and gums to heal.

Periodontal disease is irreversible and only controllable. Therefore, preventative dental hygiene is the best way to keep your dogs teeth healthy. Start with brushing your dog's teeth as a puppy and schedule annual dental cleanings with your veterinarian.

Brush your pet's teeth twice daily to minimize bacteria. Animal approved toothpastes are available at most pet stores and are flavored so most dogs learn to tolerate and even enjoy tooth brushing. A child's soft-bristled toothbrush can be used. Position your pet comfortably, and gently introduce the brush with the toothpaste, adding a few seconds each day to brushing time until the pet adapts.

Take your dog for regular oral examinations and schedule annual cleanings to remove any tartar that has built up and give the teeth a full cleaning.

Dr. Callum Turner, DVM

## VOLUNTEERS NEEDED FOR UPCOMING EVENTS

**WRAP Officers and Board of Directors for 2017 are:**

**President David Snook**

**Vice President Mary Young**

**Secretary Barbara Mordy**

**Treasurer Susan Acevedo**

**Board Member Christyne Johns-Mills**

**Board Member Ramona Moenning Rule**



## The WRAP Committees for 2017 and some of the volunteers are:

### **Fundraising Committee (including Activities, Events and Sponsorships):**

Linda Snook, Susan Acevedo, Vacancies

- Auction Committee- Susan Acevedo, Barbara Mordy, Mary Young, Ramona Rule, Tony Devol, Teresa Houseworth, Brandy Daniel, Sandy Gilmer.

### **Program Operations Committee (including Surrender, Foster Care and Adoptions):**

Mary Young, Barbara Mordy, Tony Devol, Susan Acevedo, Christyne Johns-Mills.

Foster/volunteers Janet Kurnick & Christyne Johns Mills- Sacramento, Linda Levinson- North Bay, and Nancy Mathews- Vacaville area, Central Valley –Linda Stockle.

Vacancies-North Bay, East Bay, Far North, Central Valley, Reno Area.....

### **Communication Committee (including Email, Website, Newsletter, Photography, Social Media, Liaisons):**

Webmaster- Tony Devol

Group Email- Tony Devol

Newsletter- Barbara Mordy

Photography- Bill O'Such

Social Media-

Facebook - Barbara Mordy (Facebook),

Twitter- Vacant

Snap Chat-Vacant

Liaisons- Mary Young

Please consider volunteering your time by serving on one of the committees. Volunteering is a great way to meet new people and to help shape the future of our organization. If you are interested, please contact any of the above Chairs, Officers or Board Members

**IT'S A WRAP** will be published at least four times per year in March, June, September and December. We encourage friends and supporters to submit articles, photos, brags, and other Westie related information that they feel would be of interests to our readers. Please send the material to the Editor by the first of the month in which the newsletter issue is scheduled to be published to allow enough time for the volunteers and Editor to do their magic! When submitting items for publication, please have all photos camera ready (.jpeg formats are preferred). All copy should be submitted in a widely accepted electronic format such as MS Word. If you are unable to provide in the preferred formats, contact the Editor Barbara Mordy [bgmordy@comcast.net](mailto:bgmordy@comcast.net)

All material submitted will be published at the discretion of the Editor and may be edited to fit the available space. Opinions are always those of the author/submitter and do not necessarily reflect those of the Editor or Board of Directors.

**Until next time.....IT'S A WRAP!!**

