

# IT'S A WRAP NEWSLETTER

## Volume 2 Issue 4

### December 2017

**IT'S A WRAP!** This is the official newsletter of Westie Rescue and Placement (WRAP) of Northern California.

## MESSAGE FROM THE WRAP PRESIDENT

As WRAP closes out its second year and I reflect on this twelve months; I find that there are many reasons to be thankful. Foremost of these is the number of Westies we were able rescue and place in new loving homes.

This is not a simple task as it requires the dedication of volunteers willing to provide the time and energy to transport and care for these dogs in need. It also requires donors whose generous gifts pay for the needed care and the vet bills for the dogs that enter rescue. But even more it requires the loving hearts of the adopters. Those caring individuals who take a Westie in need and give it the loving 'forever' home they so much deserve. It is to these adopters that we are grateful to whom we dedicate this issue of the newsletter.

We at WRAP wish all of you and your families the very best in the coming new year and we hope that each of you will once again find it in your hearts to help us with our mission through your volunteerism and support.

Happy Holidays  
David Snook

## Dedication to our Adopters'

**Thank You to our adopters near and far for opening your hearts and homes to Westies in need. May your Westies bring you great joy and comfort in the New Year. Without you we could not fulfill our mission.**



**One and ALL!**



## Rescue News



Hi everybody my name is Ashton. Ash for short. I'm 12 years old. My family that I'd been with since I was a little pup gave me up. I was very sad and scared at first. Westie Rescue gave me to a very nice man. I get to go to work with him every day and there some other dogs there and even a kitty cat there. After work we go to his house and I get to sleep in the bed with him and his wife. I'm a very happy boy now.



Hi my name is Fiona. I got lost from my family and could not find my way home. Some people came and took me to doggy jail and I hoped my family would come find me but they did not. WRAP came and got me and took me to a new family. Now I have a mom and dad and human sister. I like to cuddle with my sister and go for walks.



Hi my name is Palmer. I lost my home in a fire in Northern California. My Mom had to move out of state and couldn't take me with her. I stayed with a relative for a while but she had cats, so that didn't work out. I have a new home now and I am very excited to begin my new life in my new home. I love my new Mom and Dad. I like playing with toys and going for walks.





Hello my name is Angus. Westie Rescue broke me out of doggie jail. I had been there for a while since I got lost. I was hoping my family would come and get me, but they didn't. I was a pretty sick boy, but now I'm much better. I still need to see the doctor and have more blood work and I'm going to have to have my teeth cleaned and then I have to have my eyes and ears checked because I can't see very much and my foster mom isn't certain about my hearing. I'm an older boy senior but I'm really beautiful.



Hi I am Miley. I am a beautiful Westie girl. My mom and dad had a baby and they weren't so sure that I liked it. But that's OK, because I have a wonderful new home now and I have lots of toys and I have a mom and dad that love me, and a yard and I'm very, very happy. And I have lots of Westie cousins to play with. I am very high energy, so it's a good thing I have lots of playmates.



**A Very Special Thank you to Janet Kurnick and  
Christyne Johns-Mills for fostering some challenging fur babies.**



## DONATIONS

Any tax deductible donations can be made on our web page (on PayPal) at: [www.westierescuenorcal.org](http://www.westierescuenorcal.org) or Facebook page using the Donate button. You can also send a check to: Susan Acevedo 32 Oak Knoll Dr. Walnut Creek, CA 94596. Please make the check out to WRAP or Westie Rescue and Placement of Northern California. Thank you for your support.

## HELP WANTED

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WRAP is looking for some volunteers who possess certain skills to advise the board (pro bono) on issues that may arise over time. We are asking for a limited number of hours, as needed. We are seeking an **Attorney**, a **CPA**, a **Veterinarian** and an **Animal Behaviorist**. If you would be willing to help us or want more information please contact:

Barbara Mordy at [BarbaraMordy@westierescuenorcal.org](mailto:BarbaraMordy@westierescuenorcal.org) or  
Susan Acevedo at [Susanacevedo@westierescuenorcal.org](mailto:Susanacevedo@westierescuenorcal.org)

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**Corporate Donation Programs** Many corporations have programs that allow employees to donate to Charities and will, in many cases, match those funds. WRAP (Westie Rescue and Placement of Northern California) is eligible for many of these programs. We are currently registered with Cisco, Hewlett Packard Enterprises and Wells Fargo Bank. This is a painless way to donate and maximize your donation.

## WESTIE IN THE KITCHEN



### Apple pupcakes

#### Ingredients

- 2 ¾ cups water
- ¼ cup applesauce (unsweetened)
- 2 tbsp honey
- 1/8 tsp vanilla extract
- 1 medium egg
- 4 cups whole wheat flour or other flour substitute
- 1 cup dried apple chips (unsweetened)
- 1 tsp baking powder



## IN MEMORIAM

Let us take a moment to honor our wonderful four-footed friends who have recently crossed the Rainbow Bridge.



For future issues, we ask that you send your memorials to us at: [bgmordy@comcast.net](mailto:bgmordy@comcast.net). Please send a photo, birth (an estimate is fine if you don't have the exact date) and passing date along with a short note to include in the memorial.

### DUDLEY YOUNG

NOVEMBER 18 2005--NOVEMBER 17, 2017



Here are photos of my darling Dudley who left owner Mary and sister Dixie the day before his 12<sup>th</sup> Birthday. As he lay in my arms that day, I told him to tell all of my seven other Westies who went to the Bridge before him that I told him he was the sweetest of them all. Those of us, who have had both boys and girls, generally agree that the boys are the sweetest. Dixie agrees as he was always on the bed with me to watch TV giving me the “I love you Mommie brown eyes.” And he slept with his head on my ankles. He was also the alarm clock since he was diabetic and food arrived on the sixes. Dudley was a very brave Trooper and wore his personalized Trooper Coat with pride keeping the West Coast safe from all intruders (Dixie handles the varmints in the yard). But do not take my word for it—the first photo shows him on the couch where we spent mornings lying on his special blankie handmade by Aunty Ramona Rule who commented on his Facebook Page (thank you J Kurnick and JR Roback as I was unable to post the news thinking incorrectly that I did not need all the sympathy extended by hundreds of you) “Mr. Dudley....a quiet, reserved gentleman Westie who will be forever in our hearts.”





## Do you shop on Amazon?

If so, then you can support WRAP by now using Amazon Smile. Amazon Smile is a simple and automatic way for you to support your favorite charitable organization every time you shop, at no cost to you. When you shop you will find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion (0.5%) of the purchase price to WRAP. Simply go to [www.smile.amazon.com](http://www.smile.amazon.com), and enter "Westie Rescue and Placement of Northern California" as your preferred charity. Thank You. Start shopping!

## Looking for a few good men and women...

- Do you have fundraising and/or event planning experience?
- Do you have the ability to build strong relationships with new people and organizations?
- Are you detail-oriented with excellent time management skills?
- Do you have strong interpersonal skills?
- Do you work well independently and as part of a team?
- Do you have experience with Microsoft Word?
- Do you have some knowledge of Microsoft Excel?

If you replied "yes" to one or more of the above questions, then you could be who we are looking for to join the WRAP Fundraising Committee. We are always in need of more volunteers to help:

- Assist with the planning and management of fundraising events
- Assist with general fundraising activities (e.g., set up, registration, auctions, merchandise sales, beverage/ food, parades, contests, etc.
- Coordinate and follow up on donor requests, and mailings, as needed
- Assist with prospecting and soliciting donors
- Identify and approach potential business partners
- Help increase communications with supporters

Please contact Linda Snook ([L\\_snook@att.net](mailto:L_snook@att.net)) or Susan Acevedo ([susan.Acevedo@westieresucenorcal.org](mailto:susan.Acevedo@westieresucenorcal.org)) if you would like to donate your time and talents as a volunteer to support fundraising for Westie rescue.

## WESTIE HEALTH CORNER

### Dementia in Senior Dogs: 6 Ways to Deal With the Effects

BY DR. PATTY KHULY VMD | MARCH 21, 2012

Confusion, disorientation, dogzheimers. Call it what you will, but canine dementia (known clinically as canine cognitive dysfunction) can be a serious problem. Just like humans, dogs can suffer from many of the same symptoms:

- Sleep-wake cycle disturbances
- Generalized anxiety
- Lower threshold for aggression



- Decreased activity levels
- Inappropriate vocalization (howling, barking or whining)
- Repetitive behaviors (pacing)
- Elimination disorders
- Staring at walls
- Fewer social interactions
- Disorientation (getting “lost” in the house)

But getting old and loopy doesn't have to be as stressful as all that — not for dogs lucky enough to be cared for by owners willing to learn what it takes to mitigate the effects of dementia as they age. Here's how, in six mostly simple steps:

### **1. Recognize Symptoms Early**

The early signs of canine cognitive dysfunction can be subtle and difficult to detect. They can even be misinterpreted as "just getting old." However, early recognition and intervention are helpful. Owners should be on the lookout for mild versions of the symptoms listed above.

### **2. Pay Attention to Changes in Hearing and Vision**

Sensory deficiencies, such as hearing and vision loss, can cause anxiety for some pets — and their owners. When pets lose these faculties, they can become disoriented far more easily. Simple things, like failing to hear an owner's call, can make daily life challenging for aging pets and their owners. But many pets with hearing deficits can be trained to recognize hand signals, and pets with limited vision can often learn their way around, as long as furniture and other objects remain in the same place.

Although there's not much we can do about hearing loss in most cases, we have options for treating some diseases of the aging eye. Cataracts, for example, are super common and highly treatable. I personally recommend surgery for pets who have cataracts with or without dementia. But you should ask your vet if this is the best option for your dog.

### **3. Stick to a Strict Schedule**

Adhering to a set schedule when it comes to feeding, walking, turning lights on and off, and bedtime can be excellent therapy for confused pets. It's orienting.

### **4. Manage Anxiety**

Most dementia dogs display some degree of stress, especially when lost in the corner of a room or if they find themselves awake and alone in the middle of the night. Managing anxiety requires owners to know what works best for their individual dog, such as soothing music, aromatherapy or a long walk.

Additionally, I also recommend crate training early on in life, which can sometimes help curtail stress-exacerbating nighttime wanderings. Although, in some cases, it could cause further stress to the animal. If the wandering is extreme, talk to your vet about whether anti-anxiety medication may also be effective.

### **5. Talk to Your Vet About Dementia-Specific Drugs**



For severe cases of canine dementia, veterinarians will sometimes discuss the potential benefits of dementia-specific medication that seem to reverse some of these symptoms, albeit to a minor extent for most patients.

## 6. Look Into a Veterinary Behaviorist

The most comprehensive approach to canine cognitive dysfunction involves the assistance of a veterinary behaviorist. These specialists can often help owners dramatically re-orient their confused and stressed-out geriatric pets.

## Westie Events & Fundraisers

### 2017 Westie Autumn Fun(draiser)

On Saturday, October 28, 2017 we had the 2017 Westie Autumn Fun(draiser) at Las Palmas Park in Sunnyvale, CA. It started out a little cold and foggy for those who arrived early, however the sun finally came out and everyone had a great time!

The Westies and their canine friends spent time in the enclosed small dog park area, in the play pens near the picnic area, or on leashes near their owners. However we did have one very independent Westie girl that walked around the picnic area and explored the area OFF LEASH to the amazement and envy of several Westie owners.

We had some great items on the Pop Up Pet Store ("PUPS") table. We had the usual dog items (e.g., harnesses, toys, bandanas, etc.) and some new items (e.g., 2018 Westie and Friends Wall calendars, Westie greeting cards) for sale. The pièce de résistance was an in-kind donation of The Singing Westies (two adorable plush toy Westies singing "I've got you babe" as a duet) that sold quickly!

We were very lucky to have Christyne Mills from the Sacramento area come to the event and give a very informative Westie grooming demonstration.

Before lunch, we had the much-anticipated Halloween Costume Parade. Walking down the "red carpet" we had pumpkins, superheroes', jockeys, and much more. The winners were the Westie lady bug, Westie hotdog, Westie snowman ("Olaf") and the 3 Westies with jockeys. Each winner won a nice doggie blanket and toy!

The food was amazing...salads, fried chicken, pulled pork, pound cake, cookies, donuts, doggie treats, etc. Plenty of food and beverages for everyone (human and canine)!

We were fortunate to have Bill O'Such (our expert Westie photographer) taking photos throughout the day. He was pleased to have so many cute and cooperative models. Check out all the fabulous event photos courtesy of Bill O'such: <https://westierescuenorcal.shutterfly.com/1556>

Last, but not least...we want to give a big THANK YOU to all the volunteers that helped from setup, to clean up and everything in between. We also want to send a BIG THANKS to all that came from near and far...hope to see you all and more Westie Rescue supporters next year!

### 2017 Westie Winter Holiday Happy Hour

On Sunday, December 10<sup>th</sup> we had the 2017 Westie Winter Holiday Happy Hour in Santa Clara, CA. It was a beautiful day which allowed us to take advantage of Barbara's lovely home (surrounded by wonderful Christmas and vintage terrier decorations) and yard (surrounded by festive poinsettias).





We had approximately 14 Westies and their canine friends that enjoyed going in and out of every room in the house. Some spent more time in the kitchen near the food table hoping for a piece of cheese to make its way onto the floor. Some enjoyed exploring, making new friends and/or barking outdoors. Then there was Braedon who found a comfy spot in the living room on Jim Thurston's lap!

We had a variety of yummy wines, cheeses, sweets, etc. THANKS to everyone that brought their favorite bottle of wine to share!

The Pop Up Pet Store (PUPS) had Christmas gifts strategically placed around the home to add to the lovely Christmas décor. We sold cute Westie holiday cards, Westie stationary gift bags (i.e., note cards, bookmarkers, stickie notes), 2018 Westies and Friends Wall Calendars, Christmas stockings with stocking stuffers, and doggie Christmas gifts (i.e., white paw print stockings and ornaments).

The professional pet photographer, Laura Marshall (Laura Marshall Photography in San Jose), took holiday portraits of the terriers and some of their owners. Laura set up a snowy backdrop, sleigh, and seating in a back room. While some doggies opted to pose in their holiday finest, others opted to go au naturel. We are all looking forward to seeing Laura's photos!

We want to extend a BIG THANKS to Barbara Mordy who graciously allowed us to use her home, and another BIG THANKS to everyone who came out and helped us make this a fun way to celebrate the holiday season.

### **2018 Westie Spring Fun(draiser)**

We are looking forward to another great Spring 2018 outdoor event, however we have not decided on a date or place. If you would like to suggest a date and/or location, or volunteer to co-host, lead, set up, clean up, etc....please contact Susan Acevedo ([susan.acevedo@westierescuenorcal.org](mailto:susan.acevedo@westierescuenorcal.org)) or Linda Snook ([l\\_snook@att.net](mailto:l_snook@att.net)).

## **UPCOMING EVENTS..... SAVE THE DATES**

**Spring 2018 Event date to be announced.**

Visit us online at <http://www.westierescuenorcal.org> for the latest news and updates.

## **VOLUNTEERS NEEDED FOR UPCOMING EVENTS**

**WRAP Officers and Board of Directors for 2017 are:**

**President David Snook  
Vice President Mary Young  
Secretary Barbara Mordy  
Treasurer Susan Acevedo**

**The WRAP Committees for 2017 and some of the volunteers are:**

**Fundraising Committee (including Activities, Events and Sponsorships):  
Linda Snook, Susan Acevedo, Vacancies**



- Auction Committee- Susan Acevedo, Barbara Mordy, Mary Young, Ramona Rule, Tony Devol, Teresa Houseworth, Brandy Daniel, Sandy Gilmer.

**Program Operations Committee (including Surrender, Foster Care and Adoptions):**

Mary Young, Barbara Mordy, Tony Devol, Susan Acevedo.

Foster/volunteers Janet Kurnick & Christyne Johns Mills- Sacramento, Linda Levinson- North Bay, and Nancy Mathews- Vacaville area, Central Valley –Linda Stockle.

Vacancies-North Bay, East Bay, Far North, Central Valley, Reno Area.....

**Communication Committee (including Email, Website, Newsletter, Photography, Social Media, Liaisons):**

Webmaster- Tony Devol

Group Email- Tony Devol

Newsletter- Barbara Mordy

Photography- Bill O'Such

Social Media-

Facebook - Barbara Mordy (Facebook),

Twitter- Vacant

Snap Chat-Vacant

Liaisons- Mary Young

Please consider volunteering your time by serving on one of the committees. Volunteering is a great way to meet new people and to help shape the future of our organization. If you are interested, please contact any of the above Chairs, Officers or Board Members

**IT'S A WRAP** will be published at least four times per year in March, June, September and December. We encourage friends and supporters to submit articles, photos, brags, and other Westie related information that they feel would be of interests to our readers. Please send the material to the Editor by the first of the month in which the newsletter issue is scheduled to be published to allow enough time for the volunteers and Editor to do their magic! When submitting items for publication, please have all photos camera ready (.jpeg formats are preferred). All copy should be submitted in a widely accepted electronic format such as MS Word. If you are unable to provide in the preferred formats, contact the Editor Barbara Mordy [bgmordy@comcast.net](mailto:bgmordy@comcast.net)

All material submitted will be published at the discretion of the Editor and may be edited to fit the available space. Opinions are always those of the author/submitter and do not necessarily reflect those of the Editor or Board of Directors.

**Until next time.....IT'S A WRAP!!**

