# IT'S A WRAP NEWSLETTER Volume 2 Issue 2 JUNE 2017

IT'S A WRAP! This is the official newsletter of Westie Rescue and Placement (WRAP) of Northern California.

#### MESSAGE FROM THE WRAP PRESIDENT

Welcome to our June edition of the WRAP Newsletter.

I hope that all of you that attended the WRAP Fun (draiser) 2017 event in Sacramento, and your dogs, have recovered by now. The turnout was fantastic. I don't recall when I have ever seen so many white dogs in one place having such a good time. It was an ideal location and the weather was perfect. I would like to personally thank a great friend of WRAP, Jo Fleming, for arranging for the facilities and to all the volunteers that pitched in to help make this event so successful.

This segues into the theme of this edition of the WRAP newsletter; volunteering. WRAP as an all-volunteer organization depends on volunteers generously giving their time and energy in order to accomplish our goals and fulfill our mission.

We all have busy lives and that is often the reason we give to justify not volunteering. I get it. It's much easier to say, "Let someone else do it". The problem is, if everyone uses that excuse, we will quickly run out of volunteers and WRAP would not be able to rescue and place any more Westies in need. Nor would WRAP be able to provide activities where Westie lovers and their dogs can get together in a relaxed atmosphere, such as the WRAP Fun (draiser).

We depend on you, our loyal supporters, to lend a hand. Whether that is providing transportation to get a rescued dog to the vet, offering to provide a temporary foster home for a dog in need, helping with our fundraising activities, or lending a hand to help with a fun event; your efforts are very much appreciated and very much needed.

If each of us give just a little bit of our time it all adds up and we can accomplish so much.

With a sincere thank you to all our volunteers and donors,

David L. Snook President, Westie Rescue and Placement of Northern California



# **Dedication**

We are dedicating this newsletter to our Volunteers without them it would be very difficult for us to do anything. We are a 100% volunteer organization. Everyone on our organization is unpaid.



# **One Year Anniversery**

On June 16<sup>th</sup> 2017 celebrated their one year anniversary. Since receiving our 501 (c) 3 we have rescued 23 dogs (1 Scottie, 1 Cairn, and 21 Westies or Westie mixes). The Scottie and the Cairn both had Westie siblings.



#### **Rescue News**



Arnie

Update Arnie- Arnie has been adopted! Arnie's foster mom adopted him. Arnie goes to work with his Mom and enjoys several long walks a day. They spend a lot of time together.

Bailey- Bailey came to rescue because his 12 year old owner was not caring for him or training him. He was kept in a crate while she was at school and in a room when she was home. He has a wonderful new home that is working with him to train him and walk him and let him explore the world. Bailey loves his beach walks and playing with other dogs and dad. Bailey's adoption is pending. Happy new life Bailey.



Bailey



Sarah- Sarah is a senior girl who came to rescue due to her mother's illness and her inability to care for Sarah. She is a sweet, quiet girl who has adjusted well to her new adopted home and daily walks. She is giving kisses and cuddle to her new mom.



Sarah

#### **DONATIONS**

Any tax deductible donations can be made on our web page (on PayPal) at: <a href="https://www.westierescuenorcal.org">www.westierescuenorcal.org</a> or Facebook page using the Donate button. You can also send a check to: Susan Acevedo 32 Oak Knoll Dr. Walnut Creek, CA 94596. Please make the check out to WRAP or Westie Rescue and Placement of Northern California. Thank you for your support.

#### **HELP WANTED**

WRAP is looking for some volunteers who process certain skills to advise the board (pro bono) on issues that may arise over time. We are asking for a limited number of hours, as needed. We are seeking an **Attorney**, a **CPA**, a **Veterinarian** and an **Animal Behaviorist**. If you would be willing to help us or want more information please contact:

Barbara Mordy at BarbaraMordy@westierescuenorcal.org or

Susan Acevedo at Susanacevedo@westierescuenorcal.org

Calendar

## Calciluai

WRAP is planning a calendar for 2018 and we are looking for picture your rescues. If you have a good quality, high resolution photo of your rescue(s) please consider sending it in. Please know we may not be able to use all pictures. It needs to be a jpeg please. You may send photos to Susan Acevedo at <a href="mailto:susan.acevedo@gmail.com">susan.acevedo@gmail.com</a>







#### **AUCTION DONATIONS**

The upcoming Westie Facebook Auction is coming up On August 25-27<sup>th</sup>. Anyone who would like to donate any items to the Auction should contact Barbara Mordy at <a href="mailto:Bgmordy@comcast.net">Bgmordy@comcast.net</a> Donations need to be made by <a href="mailto:June 30<sup>th</sup>">June 30<sup>th</sup></a>. Thank you for your support.





#### Do you shop on Amazon?

If so, then you can support WRAP by now using Amazon Smile. Amazon Smile is a simple and automatic way for you to support your favorite charitable organization every time you shop, at no cost to you. When you shop you will find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion (0.5%) of the purchase price to WRAP. Simply go to <a href="https://www.smile.amazon.com">www.smile.amazon.com</a>, and enter "Westie Rescue and Placement of Northern California" as your preferred charity. Thank You. Start shopping!

"Alone we can do so little; together we can do so much."

Helen Keller

### WESTIE IN THE KITCHEN



APPLE CINNIMON TREATS

# **Ingredients**

- 1 cup Dry Quick Cook Oatmeal
- 1/2 cup Cinnamon Apple Sauce or Apple Sauce with s dash of Cinnamon Added
- 1 large Egg

#### Instructions

- 1. Preheat oven to 350 degrees.
- 2. In large clean but dry mixing bowl pour the cup of oatmeal. Add the applesauce and mix well. Once everything is mixed together add the egg and mix again.
- 3. If you want to get fancy or happen to have either whoopie cake molds or mini bunt pans you can spoon the mixture into the pan. If you just have the basics use a cookie sheet (that's the thin metal baking sheet). Grease the pan or tray with oil as long as your pet doesn't have any allergies the only oil you should stay away from is grapeseed oil.
- 4. Scoop the mix into the molds or create big drop cookies using a tablespoon.
- 5. Once the oven is to temperature place the tray or pan in the oven for 22 minutes. Make sure to set he kitchen timer and not rely on watching the time. You will likely have a dog sitting in front of the oven making sure you remember but the telephone will ring or you will get an important email and completely forget about the oven.
- 6. The cookies should just pop right out of the pan or slide off of the tray immediately so you can allow to cool. Since your dog is likely begging by this point as soon as the cookies are body temperature you can allow your dog to have a bite or two.



#### IN MEMORIAM

Let us take a moment to honor our wonderful four-footed friends who have recently crossed the Rainbow Bridge.



Guy came into our life as a visitor in September, nine years ago--we fell in love with his beautiful face and attitude and he never left!

Guy aka "Ch Shamrock My Guy" was indeed a Champion Westie-- he was gorgeous... he loved to be groomed, clean and looking good! He never lost his show ring prance! And oh how he loved the girls....

He would always let me know where the rats were--he would quietly sit in front of the shed, or woodpile -that was his way of letting me know... He was always calm like that.

We said goodbye to Guy on April 29th, 2017. We will forever miss him, we will always love him.

-Ramona Rule

Isabelle "Izzy" my Scottie girl, came into my life just over a year ago with her brother Braedon. She was a dear, gentle, girl who didn't kiss or cuddle much but had a huge personality. She was loved by all. She was known for patiently waiting for squirrels, butterflies, lizards and birds. Izzy fancied herself a great huntress. Izzy was taken very suddenly on June 21, 2017 and she will be missed forever by her brother, Braedon and her mom. We hope that Izzy is at peace and chasing butterflies.

-Barbara Mordy

For future issues, we ask that you send your memorials to us at: <a href="mailto:bgmordy@comcast.net">bgmordy@comcast.net</a>.

Please send a photo, birth (an estimate is fine if you don't have the exact date) and passing date along with a short note to include in the memorial.



#### Looking for a few good men and women...

- Do you have fundraising and/or event planning experience?
- Do you have the ability to build strong relationships with new people and organizations?
- · Are you detail-oriented with excellent time management skills?
- Do you have strong interpersonal skills?
- Do you work well independently and as part of a team?
- Do you have experience with Microsoft Word?
- Do you have some knowledge of Microsoft Excel?

If you replied "yes" to one or more of the above questions, then you could be who we are looking for to join the WRAP Fundraising Committee. We are always in need of more volunteers to help:

- Assist with the planning and management of fundraising events
- Assist with general fundraising activities (e.g., set up, registration, auctions, merchandise sales, beverage/ food, parades, contests, etc.
- · Coordinate and follow up on donor requests, and mailings, as needed
- Assist with prospecting and soliciting donors
- Identify and approach potential business partners
- · Help increase communications with supporters

Please contact Linda Snook(I\_snook@att.net) or Susan Acevedo (susan.Acevedo@westieresucenorcal.org) if you would like to donate your time and talents as a volunteer to support fundraising for Westie rescue.

# WESTIE HEALTH CORNER Idiopathic Pulmonary Fibrosis

Idiopathic Pulmonary Fibrosis (IPF), aka "Westie Lung Disease' (WLD), is an interstitial lung disease characterized by scarring in the lungs. Repeated scarring, as seen in IPF, causes a debilitated state in the lungs. The lungs become less flexible and less functional, losing their ability to fully expand or to properly contract to support oxygen transfer into the bloodstream.

The cause of the disease is unknown, however, it is thought to be caused by a combination of allergens in the air, dust, pollution, toxins or infectious organisms. IPF can occur in any dog breed but a genetic component is suspected as the disease disproportionately affects the West Highland White Terrier, however a breed disposition has not been confirmed. The disease primarily affects middle-age to or older dogs.

The signs and symptoms of IPF include shortness of breath, panting, increased respiratory rate, heat intolerance, exercise intolerance, lethargy, decreased appetite, cyanosis, respiratory distress and a non-productive cough. Dogs with IPF tire quickly and get out of breath from activities they once could do with ease, such as running, playing or going up and down stairs. These symptoms usually slowly but progressively worsen over months or years. Crackles, breath sounds heard with a stethoscope, are an indicative sign of IPF.

Diagnosing IPF is difficult as there are many other diseases of the lung with similar symptoms, i.e., kennel cough, acute bronchitis, chronic bronchitis, tracheal collapse, allergies, pneumonia as well as heart disease. As a consequence, IPF is one of the most misdiagnosed diseases in Westies. X-rays without anesthesia in correlation with clinical signs are used to determine the diagnosis. The x-rays

should be read and interpreted by a board certified radiologist. Invasive diagnostic testing under anesthesia is not recommended.

IPF is a chronic and progressive interstitial lung disease for which there is no cure. Therefore, the therapeutic goals are to control the clinical symptoms while maintaining the best quality of life. Two treatment options successfully used during the last several years are Flovent inhaler and Class IV laser therapy. With early diagnosis and proper treatment, IPF Westies can live much longer with a very good quality of life.

We know IPF is not an easy diagnosis for any dog owner to hear but we urge you to join the following Facebook group for the latest up-to-date knowledge of the disease including symptoms, diagnosis, treatment and daily care. This group is also a great source of support.

Westie Lung Disease--IPF in USA (Treatments, Symptoms, Studies, Etc.)

https://www.facebook.com/groups/327689790763155/

This group is comprised of nearly 1,000 members from all over the world. By asking questions, sharing experiences and observations, all members gain insight and knowledge to better manage IPF. The group is fortunate to have the assistance of 3 IPF expert veterinarians who give their valuable time to answer questions on the more technical aspects of testing and treating IPF dogs as well as keeping members informed on current research. All of the 6 group Administrators have had at least one IPF Westie.

Owners are encouraged to work closely with their veterinarian as a partner in treating their IPF Westie. Most veterinarians are open and willing to listen to their clients to find the best treatment options available. Veterinarians are welcome to join the IPF group. The goal of the group is education for owners and veterinarians.

# 2017 WESTIE SPRING FUN(DRAISER)

On Saturday, May 27 2017, WRAP had its first Westie Spring Fun(draiser) at the Capital Mobile Estates Dog Park in Sacramento, CA. We had over 40 humans and 40 canines (Westies, Westie mixes, etc.) in attendance on this pleasantly, warm Saturday morning.

The doggies quickly scoped out the doggie park. Some played with each other, while others played by themselves (in the doggie pool, with a ball). Others played it safe and stayed close to mom and/or dad. Lastly, some acted like typical Terriers and required a bit of time out in separate pins or crates ©.









The parade of Rescues was short, however delightful as usual. Great stories...happy endings!

We had volunteer photographers from Wagtale Photography taking photos throughout the

day. They set up a big canopy and had a great background to take advantage of our photogenic Westies and their friends.











We had some great pet merchandise (including WRAP t-shirts, patriotic bandanas, treats, etc.) for sale. We also had a silent auction (including pet carriers, a beautiful Westie fleece blanket, Westie items, and non-Westie items).





There was no need to pack a lunch since everyone brought something tasty to share. While WRAP provided the beverages and sweets, everyone else brought something delicious to make it a memorable picnic.

Safe to say, lots of proud Westie owners, their Westies, and their Friends had a great time. Some visited with old Westie friends, while some made new Westie friends.

Last, but not least, we want to thank our volunteers, supporters, and the following donors:

- Jo Fleming
- Debbie McAllister and Ceildah
- \* Mr. Peanut's Premium Products
- Wagtale Photography

#### **UPCOMING EVENTS**

Facebook Auction- August 25th-27<sup>th</sup> Known as the "WRAP AUCTION". October Fall Event will be in the South Bay

Visit us online at http://www.westierescuenorcal.org for the latest news and updates.



#### WRAP Officers and Board of Directors for 2016 are:

President David Snook
Vice President Mary Young
Secretary Barbara Mordy
Treasurer Susan Acevedo

#### The WRAP Committees for 2016 and some of the volunteers are:

Fundraising Committee (including Activities, Events and Sponsorships): Linda Snook, Susan Acevedo, Vacancies

Program Operations Committee (including Surrender, Foster Care and Adoptions):

Mary Young, Barbara Mordy, Tony Devol, Susan Acevedo.

Foster/volunteers Janet Kurnick & Christyne Johns Mills- Sacramento, Linda Levinson- North Bay, and Nancy Mathews- Vacaville area, Central Valley —Linda Stockle.

Vacancies-North Bay, East Bay, Far North, Central Valley, Reno Area.....

Communication Committee (including Email, Website, Newsletter, Photography, Social Media, Liaisons):

Webmaster- Tony Devol Group Email- Tony Devol Newsletter- Barbara Mordy Photography- Bill O'Such Social Media-

> Facebook - Barbara Mordy (Facebook), Twitter- Vacant Snap Chat-Vacant

**Liaisons- Mary Young** 

Please consider volunteering your time by serving on one of the committees. Volunteering is a great way to meet new people and to help shape the future of our organization. If you are interested, please contact any of the above Chairs, Officers or Board Members

IT'S A WRAP will be published at least four times per year in March, June, September and December. We encourage friends and supporters to submit articles, photos, brags, and other Westie related information that they feel would be of interests to our readers. Please send the material to the Editor by the first of the month in which the newsletter issue is scheduled to be published to allow enough time for the volunteers and Editor to do their magic! When submitting items for publication, please have all photos camera ready (.jpeg formats are preferred). All copy should be submitted in a widely accepted electronic format such as MS Word. If you are unable to provide in the preferred formats, contact the Editor Barbara Mordy bgmordy@comcast.net

All material submitted will be published at the discretion of the Editor and may be edited to fit the available space. Opinions are always those of the author/submitter and do not necessarily reflect those of the Editor or Board of Directors.

Until next time......IT'S A WRAP!!

