

IT'S A WRAP.....

PRESIDENT'S MESSAGE

Dear Friends of WRAP,

I was looking forward to writing an uplifting Spring message for this newsletter, however it has been a bit difficult to get into the right mood these days. Seeing the international, national, state and local news each day has been troubling though necessary. This, I am sure, is troubling for all of you as well since we are all in this together. My thoughts are with you and all those impacted around the world as we search for the new normal.

If your new normal includes a Westie, then remember to give him/her extra cuddles, belly rubs, snacks and enjoy life each day!

If your new normal does not include a Westie (I know many of us have lost Westies in the past 12 months), then consider volunteering to be a WRAP foster and/or adoptive parent. Go to our website (www.westierescuenorcal.org) and read the Foster and/or Adopt page(s). Fill out the application(s) and send them to Barbara Mordy at bgmordy@comcast.net Please be patient with us if you are looking for a Westie to foster and/or adopt. We have not had many rescues recently, however that may change.

In the meantime, you can pass the time by looking at photos of Westies if you click on this link: <https://westierescuenorcal.shutterfly.com/>

If you need a good laugh, follow and view the videos featuring a hilarious Schnauzer named Pluto on Facebook at <https://www.facebook.com/PlutoLiving/>

Please let me know if you have any thoughts you need/want to share with me at susan.acevedo@westierescuenorcal.org .

I hope everyone stays healthy and safe,

Regards,
Susan Acevedo, WRAP President

P.S. Happy Belated St. Patrick's Day from Hamish



RESCUE NEWS

Fred- I am a sweet Westie mix who came to WRAP to find a forever home. My old mom found me abandoned by the side of the road. She took me home got me fixed up and kept me three months. She had other dogs and her mom there at the house too. She worked and it all proved too much for her... so I came to rescue. I am very happy now because I found my forever home. I had a hard time at first but now I know the house rules (with my sister Ginger's help) I have settled in. I am a good cuddler.



Hammy- I came to rescue because my mom was in a care home and could no longer take care of me. I am a happy affectionate boy. I love belly rubs best and sleeping in the big bed. I also love walks but don't do as well with other dogs and my new Mom and Dad are working with me on this. They are taking me to school.



Makenna- Kenna for short. I came to rescue recently. I am 11 ½ weeks old and weight 4.5 lbs. They say I am just a baby. My mommy had too many puppies to take care of and give us all the attention we needed. So she gave me to rescue. I am in a foster adoptive home which means I am going to be adopted by my foster mom and dad as soon as I get all my health clearances. I love my new home and my Scottie brother, Jack. He is showing me the ropes and how to use the backyard.



FUN & FUNDRAISING

2020 WRAP Walk in the Park

The WRAP Board CANCELLED our March 21st Walk in the Park in Fremont, CA due to an abundance of caution. Hope everyone is still doing their own walks near their home. Sorry we will not be able to see everyone. Virtual hugs!!!



2020 WRAP Spring Fun Day

Again, the WRAP Board has decided to CANCEL our annual Spring Fun Day in Sacramento this year due to sheltering in place requirements and to protect the health of our supporters. Sorry we will not be able to see everyone. Virtual belly rubs!!!



IN THE SPOTLIGHT

New Board Member

Janelle Brokenshire-Cyr accepted a position on the board of directors in January. Janelle is a Bay Area native currently living in San Mateo County. She is a Physical therapist that has a woman owned business. Janelle is a lifelong animal lover who has worked with animals for many years. She does Progressive Equine Assisted Therapy Physical Therapy and Rehab Services- PEAT. This utilizes hippo therapy - using the horse's movement as a treatment tool. Janelle has owned and trained horses and competed in equine sports from age 7years.

Janelle has also worked with, trained and competed in obedience and conformation with Akitas dogs.

Janelle and her husband adopted their first Westie Duncan in 2008. They feel in love with the breed. In early 2018 they adopted a bonded pair of Westies, Flora age 6 and Walt age 14. After losing both Walt and Duncan within the last year they adopted Barry from WRAP in 2019.

Janelle's other interests include: cooking, gardening, traveling, hiking, birding, most outdoor activities and especially hanging out with their two Westies Flora and Barry.

HELPING WESTIES

Individual Donations

A TAX DEDUCTIBLE DONATION CAN BE MADE FOR WESTIE DOGS IN NEED ON PAYPAL AT: SUSAN.ACEVEDO@WESTIERESCUENORCAL.ORG PLEASE CHOOSE FRIENDS AND FAMILY SO WE DON'T HAVE TO PAY A FEE, OR YOU CAN ALSO SEND A CHECK TO: DAVID SNOOK 3532 PINNACLE COURT SAN JOSE, CA 95132. PLEASE MAKE THE CHECK OUT TO WRAP OR WESTIE RESCUE AND PLACEMENT OF NORTHERN CALIFORNIA. THANK YOU FOR YOUR SUPPORT.

Corporate Donation Programs

Many corporations have programs that allow employees to donate to charities and will, in many cases, do matching funds. Westie Rescue and Placement of Northern California (WRAP) is eligible for many of these programs. We are currently registered with Cisco, Hewlett Packard Enterprises and Wells Fargo Bank. This is a painless way to donate and maximize your donation to help Westies.

Volunteer

Please consider volunteering your time by serving on one of the WRAP Committees. Volunteering is a great way to meet new people and to help shape the future of our organization. If you are interested, please contact us at westierescuenorcal@gmail.com

Amazon Smile If you use Amazon to purchase things for your home or dogs think about signing up for Amazon Smile. If you designate us as you charity we (WRAP) get a portion (%) of the total amount you buy. Every little bit helps us accomplish our mission. It cost you nothing.

MEDICAL CORNER

What Are the Symptoms of Diabetes in Dogs?

Early signs. The owner will sometimes notice certain symptoms that can be early signs of diabetes:

- **Excessive thirst.** The dog may drink frequently and empty the water bowl more often.
- **Increased urination.** The dog may ask to go outside frequently and may start having “accidents” in the house. Increased urination (and increased thirst) happens because the body is trying to get rid of excess sugar by sending it out through urine, along with water that bonds to the sugar.
- **Weight loss.** The dog can lose weight despite eating normal portions. This is because the dog isn’t efficiently converting nutrients from its food.
- **Increased appetite.** The dog can be very hungry all the time because the body’s cells aren’t getting all the glucose they need, even though the dog is eating a normal amount.

Advanced signs. In more advanced cases of diabetes, symptoms can become more pronounced and can include:

- Loss of appetite
- Lack of energy
- Depressed attitude
- Vomiting

Threats to health. Uncontrolled diabetes can lead to devastating effects on the dog’s body, which is why early detection and proper treatment are crucial. Effects of diabetes on the dog’s health can include:

- Cataracts (leading to blindness)
- Enlarged liver
- Urinary tract infections
- Seizures
- Kidney failure
- Ketoacidosis, a potentially life-threatening acute condition that can be accompanied by rapid breathing, dehydration, lethargy, vomiting, or sweet-smelling breath; can be triggered by factors such as stress, surgery, fasting, infection, or an underlying health condition combined with low insulin level. Owners of diabetic animals should always have on hand ketone testing sticks and should test their dog’s urine if any of the above occurs. If the dog’s urine tests positive for ketones, an emergency vet should be called immediately.

FROM THE KITCHEN

Diabetic Dog Treats



If you have a diabetic dog, you know how difficult it can be to find tasty treats for them to enjoy. The best way to ensure that the treats you give are diabetic-safe and tasty is to make them yourself. These require a bit more preparation than other treats on this list, but they're worth it - dogs love them!

Ingredients

1/2 cup whole wheat flour

2 eggs

1 1/2 pounds beef liver, cut into pieces

Instructions

Preheat the oven to 350 degrees F (175 degrees C). Line a 10x15 inch jellyroll pan with parchment paper. Place the liver into a food processor. Pulse until finely chopped. If you have room, add the flour and eggs, and process until smooth. Otherwise, transfer to a bowl, and stir in the flour and eggs using a wooden spoon. Spread evenly in the prepared pan.

Bake for 15 minutes in the preheated oven, or until the center is firm. Cool, and cut into squares using a pizza cutter. The treats will have a consistency similar to a sponge. Store in a sealed container in the refrigerator.

*Recipe courtesy of **All Recipes**.*

FOR Pre Made dog treats for diabetic dogs you might like to try: Old Dog Cookie- Company “Diabetic Cookies” you can buy them online

IN MEMORIAM

Normally in this section we honor our 4 footed friends which we are doing down below. However, I wanted to let you know about the death of a long time Westie lover and owner. Many of you may know her from the San Francisco Bay West Highland Terrier Club. Linda Gail Williams was born on August 27, 1950 and died January 14, 2020. She and her ex-husband, Neil have been very active in the Westie community for a number of years. She lived in Santa Clara California in recent decades. May she Rest in Peace.



Let us take a moment to honor our wonderful four-footed friends who have recently Crossed the Rainbow Bridge...

Memories of Moyna McKenna

- * Acting like a diva when you went to the groomers
- * Barking along with Duffy (at garbage trucks, people at the front door, varmints in the yard)
- * Barking with joy when you were asked if you were "hungry"
- * Bathing in the sun (inside under the skylight, outside in the backyard)
- * Being a good little patient when you visited the ophthalmologist
- * Chasing Duffy in the house after you both had a bath
- * Chasing squirrels up the backyard slope and the ducks around the pool
- * Claiming your favorite corner of the sofa (much like Sheldon Cooper of TBBT)
- * Dancing on Mommy's lap to the "La-La-La" song
- * Eating all your food (especially canned salmon) and trying to eat Duffy's too
- * Following Mommy around the house after Duffy was gone
- * Going outside and taking care of business without hesitation
- * Hiding your little pink nose under the blankets
- * Ignoring calls to come in from outside...then racing in when you heard the cheese drawer opening
- * Kicking your back legs while walking quickly after going potty
- * Learning to open the backdoor by yourself
- * Letting Duffy lick your ear (looked like he was whispering sweet nothings in your ear)
- * Moving your ears when you wanted to listen intently
- * Nesting before sitting down and falling asleep
- * Nudging Daddy when you wanted your head scratched or belly rubbed
- * Posing for photos when you wore your sunglasses
- * Racing Duffy out the back door to see who made it to the lawn first
- * Rubbing your little body against the furniture
- * Running up the ramp next to the bed when you heard the treat bag being rattled
- * Sitting on mommy's lap when it was time for your drops in your eyes or brushing your hair
- * Smelling every flower and tree during walks

- * Snacking on your favorite treats (e.g., sweet potatoes, Zuke's Minis, Blue Dog Bakery Softies)
- * Using your "indoor voice"
- * Walking into your favorite stores at the mall
- * Walking like a little princess when you wore a pretty dress or harness
- * Wiggling out of your car harness (a.k.a. pulling a Mo'dini)

We are sad and miss you every day since God took you over the Rainbow Bridge, however we love that you were part of our family and left us with such wonderful memories.



Moyna McKenna
August 19, 2006 – January 7, 2020
Rest In Peace

DYNA

Dyna was rescued by WRAP after she was left in a shelter after her 99 year old human mother died. Dyna was 14 ½ years old, blind and deaf for all purposes. Dyna was placed in a wonderful foster home in the North Bay. Dyna was given all needed medical care she needed which is how her bone cancer was discovered. She did well initially and loved her walks and outings. Her foster brother Dougal was great comfort to her. Dyna was a sweet, loving, gentle girl. She will be remembered. May she Rest in Peace.



WRAP Officers and Board of Directors for 2020 are:

President Susan Acevedo

Vice President Barbara Mordy

Secretary Ramona Moenning Rule

Treasurer David Snook

Board Members: Christyne Johns-Mills, Janelle Brokenshire-Cyr

EDITOR'S NOTES

IT'S A WRAP will be published at least four times per year in March, June, September and December.

We encourage friends and supporters to submit articles, photos, brags, and other Westie related information that they feel would be of interest to our readers. We also encourage you, when the time comes, to submit Westie memorials i.e., a short write up, photo, birthdate (an estimate is fine if you don't have the exact date) and passing date.

Please send the material to the Editor by the first of the month in which the newsletter issue is scheduled to be published to allow enough time for the volunteers and Editor to do their magic! When submitting items for publication, please have all photos camera ready (.jpeg formats are preferred). All copy should be submitted in a widely accepted electronic format such as MS Word. If you are unable to provide in the preferred formats, contact the Editor Barbara Mordy bgmordy@comcast.net

All material submitted will be published at the discretion of the Editor and may be edited to fit the available space. Opinions are always those of the author/submitter and do not necessarily reflect those of the Editor or Board of Directors.

Until next time.....IT'S A WRAP!!